



<i>Treatment</i>	<i>Price</i>
Holistic Massage Full body (1 hour) €60 Back, neck & shoulders (35 mins) €40	
Rub Signature Treatment (80 mins) €70 Top to toe relaxation – including herbal foot soak, pampering massage and mini facial	
Reflexology Sessions 1st Session with Consultation (1 hour) €50 2nd Session and there after (45 mins) €45 <i>*Book 3 Sessions, get the 4th Absolutely Free*</i>	
Luxury Natural Facial (1 hour) €60 Revitalise your skin with this pampering, age defying facial – includes invigorating face & head massage	
Hot Stone Massage Full body (1 hour) €65 Back, neck & shoulders (35 mins) €45	
Foot & Leg Massage (30 mins) €30	
Pregnancy Massage (1 hour) €60	
Indian Head Massage (45 mins) €45	

Please note: All treatments are tailored to suit the individual.

To book or enquire please call 087 931 3183!



@relaxunwindbreathe www.relaxunwindbreathe.com

Monthly Special Offers & Gift Vouchers Available!